



British Home Activities ~ August 2026



Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
		LOCATION LEGEND AL- ARMSTRONG LOUNGE BP- BRAEMAR PATIO FR- FOSKETT REC ROOM JP- JAMESON PATIO RP- RAMONA PATIO SP- SHAFER PATIO UP - PAVILION L - LAMBERT	President Council President: Connie Mercer Sectary: Cheryl Troness Metting: every first Wedn- -esday of the month	1 = Easy Little Walking good for all! 2= Moderate Light Walking Must be Able to walk Long Distance 3= Active Lots of walking may in- clude Multiple staircase	 8/25 Edith Ehret 8/26 Hazel Kragulac	1 With Connie 10:00 Sit & Strength- en BR 11:00 Exercise FR
2 TBA 	3 9:15 Room Visits 10:00 Sit & Strengthen BR 11:00 Exercise FR 1:30 Bank/ P.O 2:30 Coffee Out 	4 <i>Hair Salon Open</i> 9:15 Morning Walks SP 10:00 Sit & Strengthen BR 11:00 Exercise FR 1:30 Embroidery Class BR 2:00 Book Club L 2:30 Snack Social	5 9:15 Room Visits 10:00 Sit & Strengthen 12:30 Resident Council Meeting AL 1:00 Ice Cream Social 2:00 Afternoon Walk	6 <i>Hair Salon Open</i> 9:15 Room Visits 10:00 Sit & Strengthen BR 11:00 Exercise FR 1:30 Ralphs 2:30 Jamba Juice 	7 9:15 Room Visits 10:00 Sit & Strengthen 11:00 Chair Dancing FR 1:30 Lets Spanish! FR 2:30 Snack Social 	8 <i>With Connie</i> 10:00 Sit & Strength- en BR 11:00 Exercise FR
9 TBA 	10 9:15 Room Visits 10:00 Sit & Strengthen BR 11:00 Exercise FR 1:30 Walmart 2:30 Coffee Out 	11 <i>Hair Solan Open</i> 9:15 Morning Walks 10:00 Sit & Strengthen BR 11:00 Exercise FR 1:30 Arts and Crafts FR 2:00 Book Club L 2:30 Coffee	12 9:15 Morning Walk SP 10:00 Sit & Strengthen BR 11:00 Exercise FR 1:30 Lets Spanish! FR 2:30 Ice Tea	13 <i>Hair Salon Open</i> 9:15 Morning walk SP 10:00 Sit & Strengthen BR 11:00 Exercise FR 1:30 Card Games BR 2:30 Tea Time BR	14 9:15 Room Visits 10:00 Sit & Strengthen 11:00 Chair Dancing FR 1:30 Crafts FR 2:30 Snack Social	15 <i>With Connie</i> 10:00 Sit & Strength- en BR 11:00 Exercise FR
16 TBA 	17 9:15 Room Visits 10:00 Sit & Strengthen BR 11:00 Exercise FR 1:30 Hobby Lobby 2:30 Coffee Out 	18 <i>Hair Salon Open</i> 9:15 Morning Walks 10:00 Sit & Strengthen BR 11:00 Exercise FR 1:30 Embroidery Class BR 2:00 Book Club L	19 9:15 Morning Walk SP 10:00 Sit & Strengthen BR 11:00 Exercise FR 1:30 Trader Joes 3:00 Coffee 	20 <i>Hair Salon Open</i> 9:15 Morning Walk 10:00 Sit & Strengthen BR 11:00 Exercise FR 1:00 Celebration of life 2:30 Coffee	21 9:15 Room Visits 10:00 Sit & Strengthen 11:00 Chair Dancing FR 1:30 Bingo AL 2:30 Ice Cream Social AL	22 <i>With Connie</i> 10:00 Sit & Strength- en BR 11:00 Exercise FR
23 TBA 	24 9:15 Room Visits 10:00 Sit & Strengthen BR 11:00 Exercise FR 1:30 Target 2:30 Coffee Out 31 9:15 Room Visits 10:00 Sit & Strengthen BR 11:00 Exercise FR 1:30 Vons 	25 <i>Hair Salon Open</i> 9:15 Morning Walk 10:00 Sit & Strengthen BR 11:00 Exercise FR 1:30 Embroidery Class BR 2:00 Book Club L 2:30 Snack Social	26 9:15 Morning Walk SP 10:00 Sit & Strengthen BR 11:00 Exercise FR 1:30 Lets Spanish! FR 2:30 Snack Social FR	27 <i>Hair Salon Open</i> 9:15 Morning Walk 10:00 Sit & Strengthen BR 11:00 Exercise FR 1:30 Serria Madre Library 2:30 Boba 	28 9:15 Room Visits 10:00 Sit & Strengthen 11:00 Chair Dancing FR 1:00 Travel Lodge Video with Sherley AL 	29 <i>With Connie</i> 10:00 Sit & Strength- en BR 11:00 Exercise FR 
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