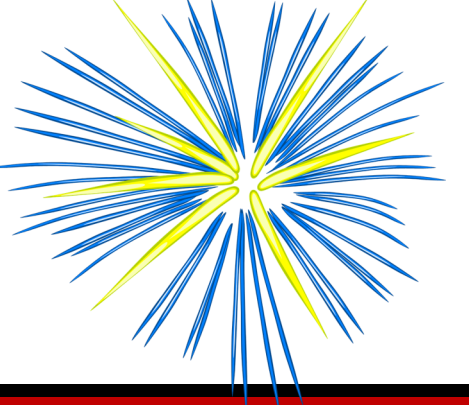
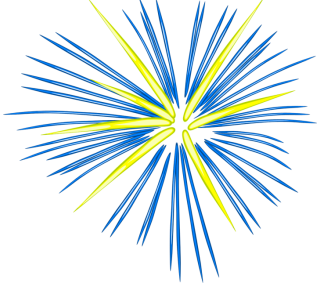
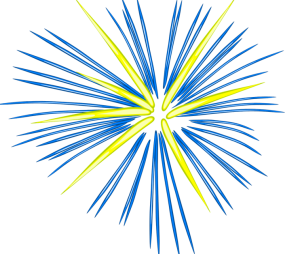




British Home Activities ~ July 2026



Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
	1 = Easy Little Walking good for all! 2= Moderate Light Walking Must be Able to walk Long Distance 3= Active Lots of walking may include Multiple staircase	<u>LOCATION LEGEND</u> AL- ARMSTRONG LOUNGE BP- BRAEMAR PATIO FR- FOSKETT REC ROOM JP- JAMESON PATIO RP- RAMONA PATIO SP- SHAFER PATIO	1 9:15 Room Visits 10:00 Sit & Strengthen 11:00 4th of July Craft 12:30 Resident Council Meeting 1:00 Ice Cream Social	2 Hair Salon Open 9:15 Morning Walk 10:00 Sit & Strengthen BR 11:00 Lets Spanish! 1:30 Savers Thrift Store 2:30 Ice Cream 	3 9:15 Room Visit 10:00 Sit & Strengthen BR 11:00 Chair Dancing FR 12:00 BBQ Outdoors 3:00 Bingo AL	4 
5 TBA 	6 9:15 Room Visits 10:00 Sit & Strengthen BR 11:00 Exercise FR  1:30 Bank/ P.O 2:30 Coffee Out	7 Hair Salon Open 9:15 Morning Walks 10:00 Sit & Strengthen BR 11:00 Exercise FR 1:30 Embroidery Class BR 2:00 Book Club L 2:30 Snack Social	8 9:15 Room Visits 10:00 Sit & Strengthen BR 11:00 Exercise FR 1:00 Lets Spanish! FR 2:30 Snack Social FR	9 Hair Salon Open 9:15 Morning walk SP 10:00 Sit & Strengthen BR 11:00 Exercise FR 1:30 Santa Anita Mall 2:30 Coffee 	10 9:15 Room Visits 10:00 Sit & Strengthen 11:00 Chair Dancing FR 1:30 Bingo AL 2:30 Snack Social	11 10:00 Sit & Strengthen BR 11:00 Exercise FR 
12 TBA 	13 9:15 Room Visits 10:00 Sit & Strengthen BR 11:00 Exercise FR  1:30 Walmart	14 Hair Solan Open 9:15 Morning Walks 10:00 Sit & Strengthen BR 11:00 Exercise FR 1:30 Ross  2:00 Book Club L	15 9:15 Morning Walk SP 10:00 Sit & Strengthen BR 11:00 Exercise FR 1:30 Trader Joes 2:30 Coffee 	16 Hair Salon Open 9:15 Morning walk SP 10:00 Sit & Strengthen BR 11:00 Exercise FR 1:00 Lets Spanish! FR 2:30 Snack Social FR	17 9:15 Room Visits 10:00 Sit & Strengthen 11:00 Chair Dancing FR 1:30 Crafts FR 2:30 Snack Social	18 10:00 Sit & Strengthen BR 11:00 Exercise FR 
19 TBA 	20 9:15 Room Visits 10:00 Sit & Strengthen BR 11:00 Exercise FR 1:30 Dollar Tree 	21 Hair Salon Open 9:15 Morning Walks 10:00 Sit & Strengthen BR 11:00 Exercise FR 1:30 Embroidery Class BR 2:00 Book Club L	22 9:15 Morning Walk SP 10:00 Sit & Strengthen BR 11:00 Exercise FR 1:00 Lets Spanish! FR 2:30 Snack Social FR	23 Hair Salon Open 9:15 Morning Walk 10:00 Sit & Strengthen BR 11:00 Exercise FR 1:30 Hobby Lobby  2:30 Coffee	24 9:15 Room Visits 10:00 Sit & Strengthen 11:00 Chair Dancing FR 1:30 Bingo AL 2:30 Ice Cream Social AL	25 10:00 Sit & Strengthen BR 11:00 Exercise FR
26 TBA 	27 9:15 Room Visits 10:00 Sit & Strengthen BR 11:00 Exercise FR 1:30 Target 2:30 Coffee Out 	28 Hair Salon Open 9:15 Morning Walk 10:00 Sit & Strengthen BR 11:00 Exercise FR 1:30 Embroidery Class BR 2:00 Book Club L 2:30 Snack Social	29 9:15 Morning Walk SP 10:00 Sit & Strengthen BR 11:00 Exercise FR 1:00 Lets Spanish! FR 2:30 Snack Social FR	30 Hair Salon Open 9:15 Morning Walk 10:00 Sit & Strengthen BR 11:00 Exercise FR 1:30 Serria Madre Library 2:30 Coffee 	31 9:15 Room Visits 10:00 Sit & Strengthen 11:00 Chair Dancing FR 2:00 Popcorn &Movie FR 	 7/2 Lor Re Solinger 7/20 Cheryl Troness