


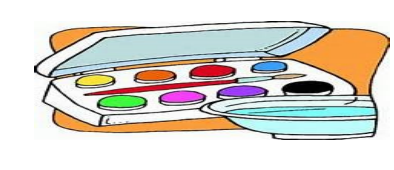










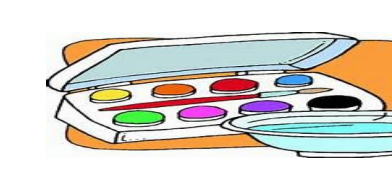






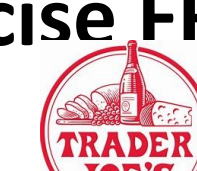



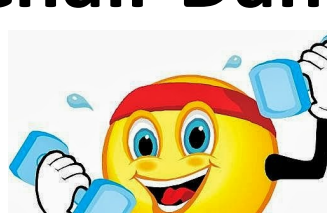



















British Home Activities ~ November 2024

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
 Adeline Nov 15 Marilyn Nov 21	Resident Council President Nancy Tres Secretary Cheryl Troness Meeting: Every First Wednesday of the Month 12:30 AL	1=Easy Walking good for all 2= Moderate Light Walking Must be able to walk long distance 3= Active lots of walking may include multiple staircase.  	LOCATION LEGEND AL- ARMSTRONG LOUNGE BP- BRAEMAR PATIO FR- FOSKETT REC ROOM JP- JAMESON PATIO RP- RAMONA PATIO SP- SHAFER PATIO UP - PAVILION		1 10:00 Sit & Strengthen 11:00 Chair Dancing FR Ingathering Prep 	2 Exercise Class TBA
3 Ingathering Tea 1:00—3:00 	4 10:00 Sit & Strengthen 11:00 Hass Fit FR 1:30 Bank /PO 2:30 Coffee Out SM 	5 Hair Salon Open   10:00 Sit & Strengthen BR 11:00 Room Visit Transportation Provided For Voting! 	6 10:00 Sit & Strengthen 11:00 Hass Fit Exercise FR 1:30 Ralphs 2:30 Coffee Out   	7 Hair Salon Open 10:00 Sit & Strengthen BR 11:00 Puzzle Time 1:30 Watercolor FR  2:30 Snack Social FR 	8 10:00 Sit & Strengthen 11:00 Chair Dancing FR 1:30 BINGO  2:30 Snack Social 6:00 Dinner Out 8:00 PC Orchestra 	9 Exercise Class TBA
10 	 11 10:00 Sit & Strengthen 11:00 Hass Fit FR 1:30 Craft BR  2:30 Snack Social BR	12 Hair Salon Open 10:00 Sit & Strengthen BR 11:00 Puzzle Time BR 1:30 Travelogue FR  2:30 Fudge Sundae FR	13 10:00 Sit & Strengthen 11:00 Hass Fit Exercise FR 1:30 Trader Joes  2:30 Coffee Out 	14 Hair Salon Open 10:00 Sit & Strengthen BR 11:00 Room Visit 1:30 Craft FR  5:15 Movie Night FR 	15 10:00 Sit & Strengthen 11:00 Chair Dancing FR 	16 Exercise Class TBA
17 	18 10:00 Sit & Strengthen 11:00 Hass Fit FR 1:30 Dollar Tree 2:30 Mc Donald's 	19 Hair Salon Open 10:00 Sit & Strengthen BR 11:00 Brain Games BR 1:30 Craft FR  2:30 Snack Social FR	20 10:00 Sit & Strengthen 11:00 Hass Fit Exercise FR 1:30 Target  2:30 Coffee Out 	21 Hair Salon Open 10:00 Sit & Strengthen BR 11:00 Room Visit 1:30 Watercolor FR 2:30 Snack Social FR 	22 10:00  Kings Head Gift Shoppe  	23 Exercise Class TBA
24 	25 10:00 Sit & Strengthen 11:00 Hass Fit FR 1:30 Craft BR 2:30 Snack Social BR 	26 Hair Salon Open 10:00 Sit & Strengthen BR 11:00 Room Visit 1:30 Craft FR 2:30 Snack Social 	27 10:00 Sit & Strengthen 11:00 Hass Fit Exercise FR 1:30 Walmart  2:30 Coffee Out 	28 	29 10:00 Sit & Strengthen 11:00 Chair Dancing FR 1:30 Black Friday Shopping Residents Choice  	Exercise Class TBA