


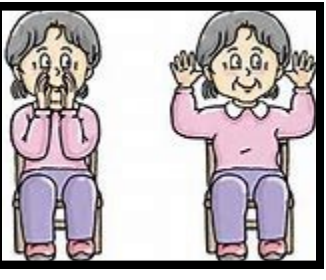















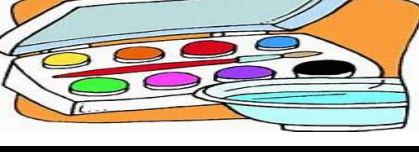


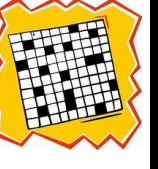











April 2024 ~ British Home Activities

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
	1 10:00 Sit & Strengthen 11:00 Exercise FR 1:30 Bank/PO 2:30 Coffee Out SM 	2 <i>Hair Salon Open</i> No Activities	3 10:00 Sit & Strengthen BR 11:00 Exercise FR 12:30 Residents MGT AL 1:30 Trader Joes 2:30 Coffee Out 	4 10:00 Sit & Strengthen BR 11:00 Room Visit 1:30 Santa Anita Mall 2:30 Coffee Out 5:30 Movie Night 	5 10:00 Sit & Strengthen 11:00 Chair Dancing 	6  TBA
7 	8 10:00 Sit & Strengthen 11:00 Exercise FR 1:30 Craft SP 2:30 Snack Social SP 	9 <i>Hair Salon Open</i> No Activities	10 10:00 Sit & Strengthen BR 11:00 Exercise FR  1:30 Wal-Mart 2:30 Coffee Out 	11 <i>Hair Salon Open</i> Descanso Gardens Depart @ 10:00 #3 \$\$	12 10:00 Sit & Strengthen 11:00 Chair Dancing 1:30 Marshalls 2:30 Coffee Out 	13  TBA
14 	15 10:00 Sit & Strengthen 11:00 Exercise FR 1:30 Dollar Tree 2:30 Coffee Out 	16 <i>Hair Salon Open</i> 10:00 Sit & Strengthen BR 11:00 Table Games SP 1:30 Craft FR 2:30 Snack Social FR 	17 10:00 Sit & Strengthen BR 11:00 Exercise FR 1:30 Ralphs 2:30 Coffee Out  	18 <i>Hair Salon Open</i> 10:00 Sit & Strengthen BR 11:00 Table Games SP 1:30 Craft SP 2:30 Snack Social SP	19 10:00 Sit & Strengthen 11:00 Exercise  1:30 BINGO AL 2:30 Snack Social 5:30 Flintridge Preparatory Music Program	20 AGM MEETING AL Dining Room Closed For Dinner
21 	22 10:00 Sit & Strengthen 11:00 Exercise FR 1:30 Walk In the Park 2:30 Coffee Out 	23 <i>Hair Salon Open</i> 10:00 Sit & Strengthen BR 11:00 Room Visit 1:30 Watercolor SP 2:30 Snack Social SP 	24 10:00 Sit & Strengthen BR 11:00 Exercise FR  1:30 Target 2:30 Coffee Out 	25 <i>Hair Salon Open</i> 10:00 Sit & Strengthen BR 11:00 Brain Games SP  1:30 Group Crossword 2:30 Snack Social SP 5:30 Movie Night 	26 10:00 Sit & Strengthen 11:00 Chair Dancing FR 	27  TBA
28 	29 10:00 Sit & Strengthen 11:00 Exercise FR 1:30 CVS/Rite Aid 2:30 Coffee out SM 	30 <i>Hair Salon Open</i> 10:00 Sit & Strengthen BR 11:00 Brain Game Uzzie SP 1:30 Craft FR 2:30 Snack Social FR 		LOCATION LEGEND AL- ARMSTRONG LOUNGE BP- BRAEMAR PATIO FR- FOSKETT REC ROOM JP- JAMESON PATIO RP- RAMONA PATIO SP- SHAFER PATIO UP - PAVILION	1= Easy Little Walking good for all! 2= Moderate Light Walking Must be Able to walk Long Distance 3= Active Lots of walking may include Multiple staircase.  	 RoseMarie 4/29